



**eWELLNESS**  
Mental Health Solutions

# E-Therapy Mental Health Solutions

We eQUIP your staff, get your students the eCARE they need, and create eWELLNESS for your whole school community.



## Tier III

School-Wide Intervention including On Demand Video Modules and Customized Professional Development.

**Funding: Title I, II, IV, ESSER**



**eQUIP**  
- for staff



## Tier II

Short-Term Interventions including Group Wellness Sessions and Solution Focused Brief Therapy.

**Funding: Title I, IV, ESSER**



**eCARE**  
- for students



**eWELLNESS**  
- for staff



## Tier I

Long-Term Intervention and Direct Services including General Education, SPED, and Staff Counseling.

**Funding: Title I, II, IV, ESSER**



**E-Therapy**

- for students & staff

# How E-Therapy Mental health Solutions Support Schools:



**Treats** a variety of behavioral and mental health areas



**Serves** both general and special education students



**Data-driven**, evidenced-based student screening **assessment** model



Utilizes **brief and solution focused** Interventions



Develops **strategies and skills** for improved well-being



**Supports** Staff and Educators' mental health



Provides customized **care plan**



Employs a **mental health infrastructure** that works



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